

# period talk

A menstruation education program for schools

period  
talk

presented by



**LESSON**

**03**

**Basic Human  
Right**

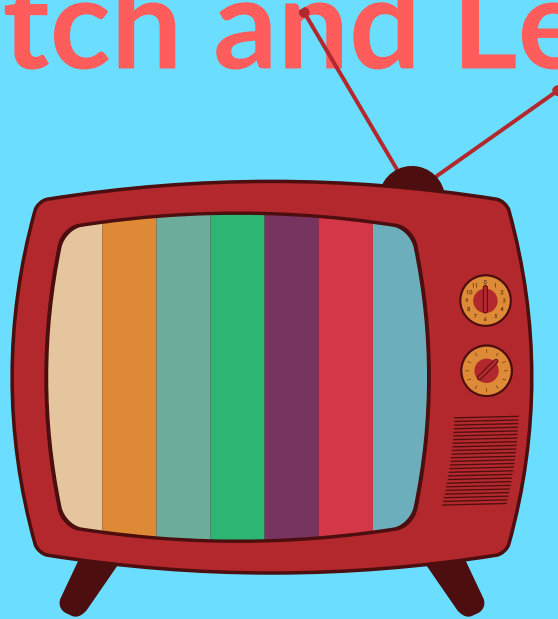
# Together, we will:

**1. UNDERSTAND THE  
CHALLENGE OF  
MENSTRUATION FOR THE  
HOMELESS**

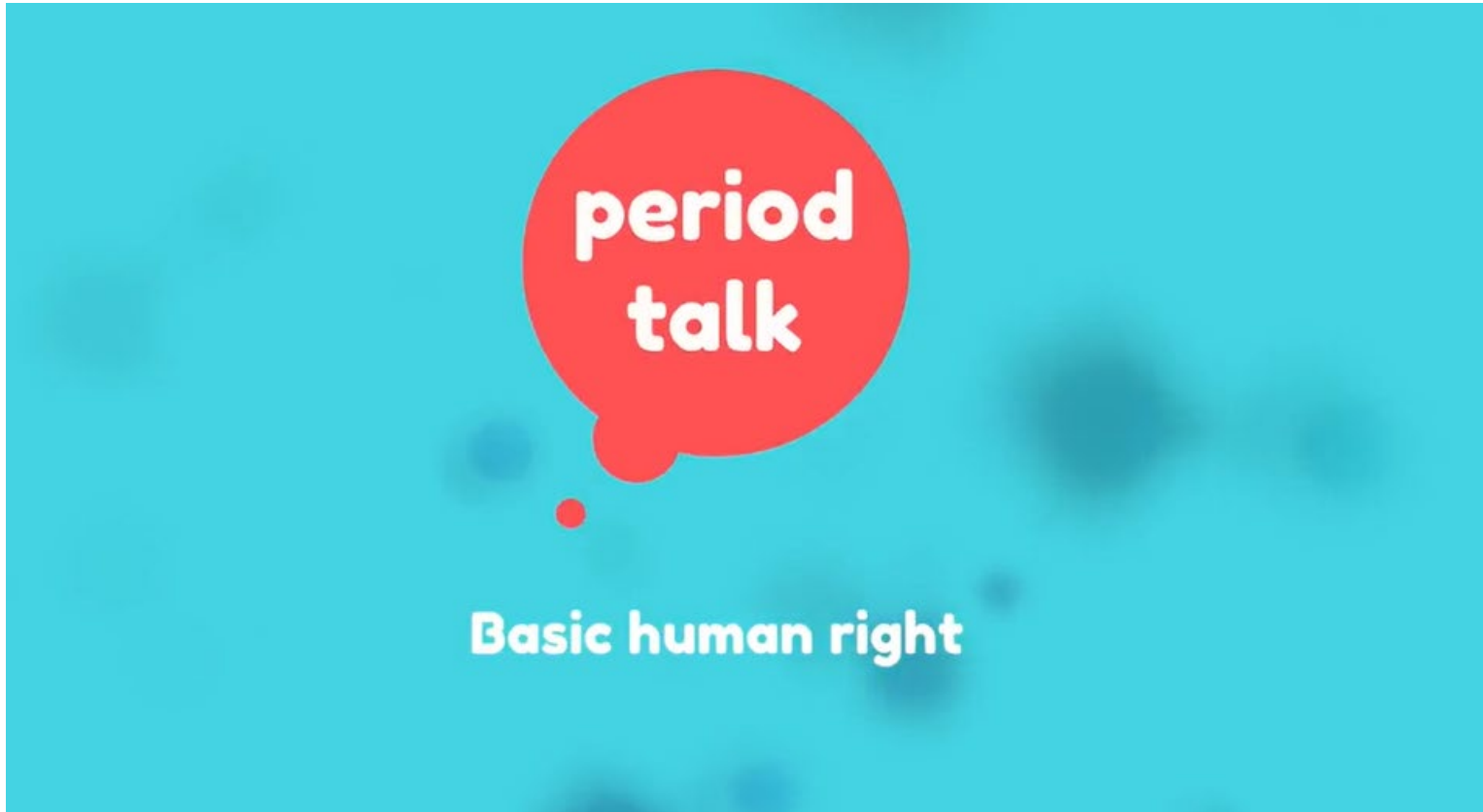
**2. UNDERSTAND THE  
IMPACT OF THE COST OF  
SANITARY PRODUCTS**

**There are many women who live with disadvantage both in Australia and overseas who can't afford to purchase the sanitary products they need when they have their periods.**

# Watch and Learn

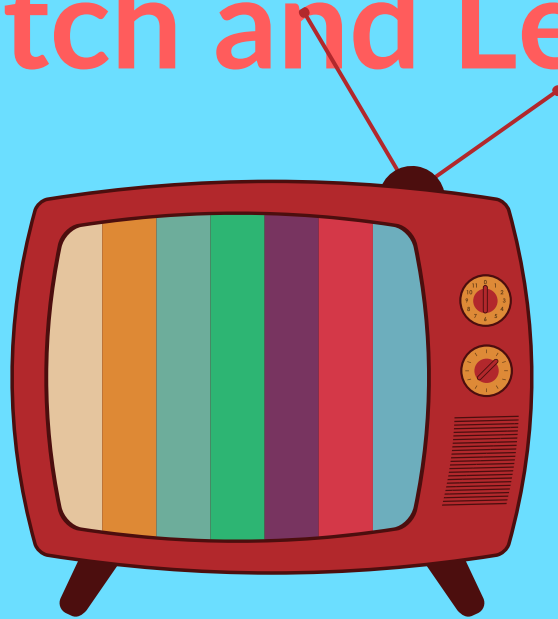


# Video



**SHARE THE  
DIGNITY**

# Watch and Learn





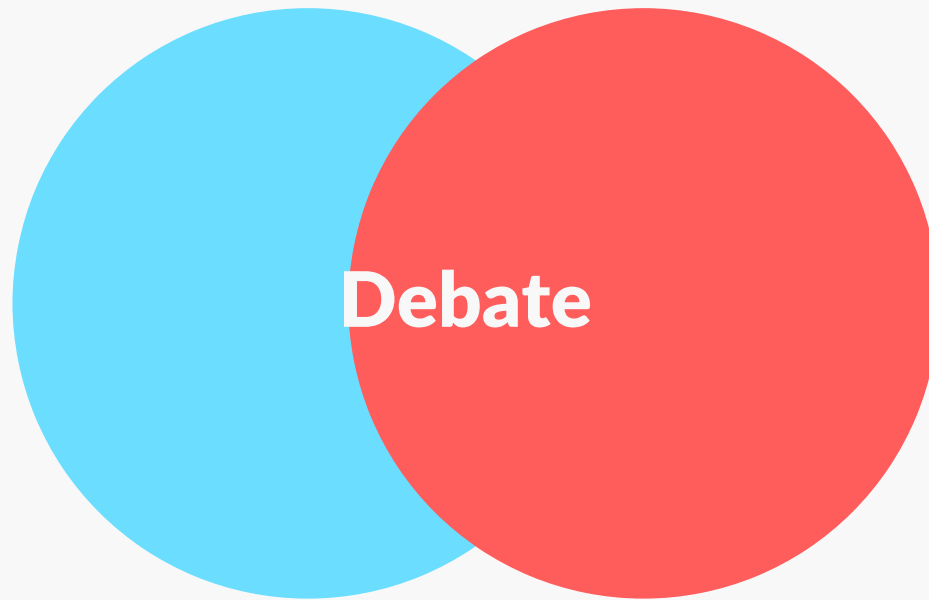
# Share the Dignity



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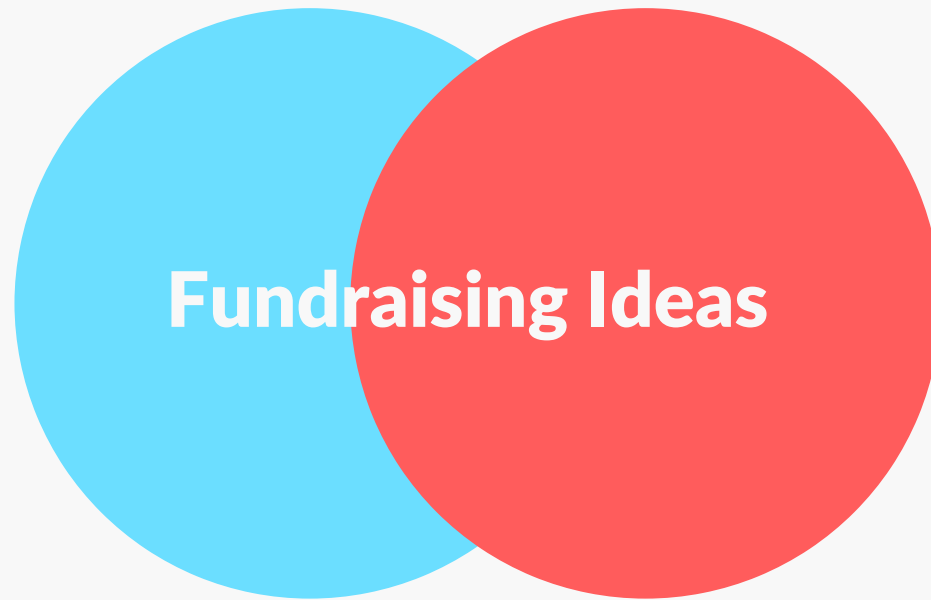
**Meet Rochelle,  
the founder of Share the Dignity**

**ACTIVITY**



**Debate**

**ACTIVITY**



# Checklist

- What are the challenges for homeless women and girls during menstruation?
- How does the cost of sanitary products impact women and girls?

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talk**

**thank you.**

**There's nothing wrong with talking about periods!**

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