

WOULD YOU RATHER?

PERIOD EDITION

This is a game for some, but an unfortunate reality for many Australians experiencing period poverty.

We'd rather they didn't have to choose.

WOULD YOU RATHER?

**USE A FACE MASK TO
PROTECT YOU FROM
COVID**

OR

**USE A FACE MASK
AS A SANITARY TOWEL**

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**WOULD YOU
RATHER?**

**GO WITHOUT PADS THIS
MONTH**



**STEAL A PACK FROM
YOUR LOCAL SERVO**

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**WOULD YOU
RATHER?**

GO WITHOUT TAMPONS

OR

**GO WITHOUT
PAINKILLERS**

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**WOULD YOU
RATHER?**

**USE A CHUX BECAUSE
YOU DON'T HAVE A PAD**

OR

**WEAR YOUR PAD FOR SO
LONG THAT IT STINKS**

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**WOULD YOU
RATHER?**

**BUY YOUR BABY
NAPPIES**

OR

**BUY YOUR OWN
TAMPONS**

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**WOULD YOU
RATHER?**

**MAKE YOUR OWN PAD
FROM COTTON WOOL**

OR

**CHANGE YOUR PAD LESS
FREQUENTLY TO SAVE
MONEY**

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**WOULD YOU
RATHER?**

**USE SOCKS YOU FOUND
IN A LOST & FOUND**

OR

**USE CHEAP PUBLIC
TOILET PAPER**

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**WOULD YOU
RATHER?**

**LEAK THROUGH YOUR
UNDIES**

OR

**ASK YOUR PARENTS FOR
MONEY TO BUY PERIOD
PRODUCTS**

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WOULD YOU RATHER?

GET PETROL



GET TAMPONS

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**WOULD YOU
RATHER?**

**GIVE YOUR KIDS YOUR
EXTRA CHANGE TO BUY
LUNCH**

OR

**USE YOUR EXTRA
CHANGE TO BUY
PERIOD PRODUCTS**

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WOULD YOU RATHER?

LEAVE A PARTY EARLY
BECAUSE OF A PERIOD
EMERGENCY

OR

ASK A STRANGER FOR A
PAD OR TAMPON

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**WOULD YOU
RATHER?**

**SKIP SCHOOL WHEN
YOU'RE
ON YOUR PERIOD**

OR

**ASK YOUR TEACHER FOR
A PAD OR TAMPON**

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**WOULD YOU
RATHER?**

BUY YOURSELF PADS



**BUY YOUR DAUGHTER
PADS**

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**WOULD YOU
RATHER?**

**SKIP YOUR SWIMMING
LESSON BECAUSE YOU
HAVE YOUR PERIOD**

OR

**WEAR A PAD IN YOUR
SWIMMERS BECAUSE
YOU CAN'T ACCESS A
TAMPON**

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WOULD YOU RATHER?

**TAKE AN UNPAID
SICK DAY**

OR

**SIT AT YOUR DESK
SILENTLY IN PAIN**

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**WOULD YOU
RATHER?**

**TELL SOMEONE THEY
HAVE PERIOD ON THEIR
CLOTHES**

OR

**BE TOLD YOU HAVE
PERIOD ON YOUR
CLOTHES**

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**WOULD YOU
RATHER?**

**HIDE YOUR TAMPON
IN YOUR BOYFRIEND'S
BATHROOM BIN**

OR

**THROW IT OUT THE
WINDOW**

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**WOULD YOU
RATHER?**

**BLEED THROUGH YOUR
HOSPITAL GOWN**

OR

WEAR A GAUZE

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**WOULD YOU
RATHER?**

**BUY A RAPID TEST SO
YOU CAN GET BACK TO
WORK**

OR

**BUY PERIOD PRODUCTS
SO YOU DON'T NEED TO
SKIP WORK**

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**WOULD YOU
RATHER?**

ONLY USE PADS



**ONLY USE A
MENSTRUAL CUP**

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**WOULD YOU
RATHER?**

**TELL YOUR BOSS ABOUT
YOUR PERIOD PAIN**

OR

**BRING A HEAT PACK TO
WORK**

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**WOULD YOU
RATHER?**

**ASK YOUR SCHOOL
RECEPTION FOR PADS**

OR

**WEAR A TAMPON FOR
LONGER THAN YOU
SHOULD**

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**WOULD YOU
RATHER?**

**SAVE FOR HOUSING TO
KEEP YOUR KIDS SAFE**

OR

BUY PERIOD PRODUCTS

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**WOULD YOU
RATHER?**

**SKIP A DAY'S PAY DUE
TO A LACK OF SANITARY
ITEMS**

OR

**ASK FOR HELP AT
THE LOCAL WOMEN'S
CENTRE**

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**WOULD YOU
RATHER?**

**PAY \$15 OR MORE FOR A
SINGLE PACK OF PADS**

OR

GO WITHOUT

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**WOULD YOU
RATHER?**

**USE A TAMPON FROM
THE FLOOR OF A PUBLIC
TOILET**

OR

LEAK ON YOUR UNDIES

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**WOULD YOU
RATHER?**

**NOT HAVE ANY PADS OR
TAMPONS FOR YOUR
FIRST PERIOD**

OR

**GET YOUR FIRST
PERIOD WHILE
SWIMMING AT SCHOOL**

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**WOULD YOU
RATHER?**

**ASK A STRANGER FOR A
TAMPON**

OR

**STUFF YOUR
UNDERWEAR WITH
1PLY BEFORE A JOB
INTERVIEW**

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**WOULD YOU
RATHER?**

**MAKE A PAD WITH THE
INSOLE OF YOUR SHOE**

OR

**MAKE A TAMPON OUT
OF TWIGS WITH CLOTH
WRAPPED AROUND
THEM**

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WOULD YOU RATHER?

LEAVE A TAMPON IN
FOR 2 DAYS AND RISK
GETTING SICK

OR

BLEED THROUGH YOUR
DRESS

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**WOULD YOU
RATHER?**

**GO WITHOUT PERIOD
PRODUCTS**

OR

**STAY IN A VIOLENT
RELATIONSHIP**

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WOULD YOU RATHER?

Share your period story by
creating your own card.



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WOULD YOU RATHER?

Help us end period poverty. Donate to our dignity drives in March & August.

**DROP-OFF DONATIONS
AT YOUR
LOCAL WOOLWORTHS**



**BUY A VIRTUAL
PACK OF PADS FOR \$5 AT
SHARETHEDIGNITY.ORG.AU**

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